Go Home On Time Day, 2024

Short disclosure statement

Panel provider	Dynata
Research company	The Australia Institute
Fieldwork dates	29 August 2024 to 6 September 2024
Mode of data collection	Online recruited from research panel
Target population	Australian adults aged 18+
Sample size	1,099
Australian Polling Council compliant	Yes
Voting intention published	No
Long disclosure statement	See below

Long disclosure statement

Effective sample size after weighting applied	1,082
Margin of error associated with effective sample size	±3%
Variables used in weighting	Age, gender, state/territory based on Australian Bureau of Statistics
	"National, state and territory population" data
Gender identity categorisation	Those who answered the gender identity question as "Non-binary",
	"I use a different term", or "Prefer not to answer" had their
	responses included with females for the purpose of reporting, due
	to constraints from weighting data availability
Weighting method used	Raking method
Full question text, responses categories and randomisation	See below
Source of online sample	Dynata's online panel
Positioning of voting intention questions in questionnaire	Immediately after demographics, before policy questions
How were undecided voters handled?	Respondents who answered "Don't know / Not sure" for voting
	intention were then asked a leaning question; these leanings are
	included in voting intention crosstabs
Method of calculating 2PP	NA
Voting intention categorisation	Voting crosstabs show voting intentions for the House of
	Representatives. "Coalition" includes separate responses for Liberal
	and National. "Other" refers to Independent/Other, and minor
	parties in cases where they were included in the voting intention
	but represent too small a sample to be reported separately in the
	crosstabs
Location results	Results are shown only for larger states
	I .



Detailed results

No preceding questions in the poll are expected to have influenced the results of the questions published here. The questions, and the response options for each question, are as follows:

Are you currently in paid work?

- Yes, permanent full time
- Yes, permanent part time
- Yes, casual or temporary
- Yes, self-employed
- No

Those who selected any of the 'Yes' options were then asked the following questions:

What best describes the industry you work in?

Response options were presented in random order.

- Agriculture, Forestry and Fishing
- Mining
- Manufacturing
- Electricity, Gas, Water and Waste Services
- Construction
- Wholesale Trade
- Retail Trade
- Accommodation and Food Services
- Transport, Postal and Warehousing
- Information Media and Telecommunications
- Financial and Insurance Services
- Rental, Hiring and Real Estate Services
- Professional, Scientific and Technical Services
- Administrative and Support Services
- Public Administration and Safety
- Education and Training
- Health Care and Social Assistance
- Arts and Recreation Services
- Other Services
- Don't know / Not sure

Which of the following best describes the kind of work you do?

Response options were presented in random order.

- Manager
- Professional
- Technician or Trades Worker
- Community or Personal Service Worker
- Clerical or Administrative Worker
- Sales Worker
- Machinery Operator and Driver
- Labourer
- Don't know / Not sure

Are you a member of a union?

- Yes
- No
- Don't know / Not sure

How many hours a week are you generally paid to work?

• [NUMBER Open answer] __ hours

Would you like to work...?

- More paid hours
- Fewer paid hours
- My paid hours are about right

Unpaid work may include things like arriving early, staying late, working through lunch or breaks, working at home beyond paid hours, responding to phone calls and emails out of hours, and so on.

How many unpaid hours of extra work did you perform for your employer in the last 7 days (i.e. unpaid overtime)?

• [NUMBER Open answer] __ hours

In your workplace, is performing unpaid work outside of scheduled working hours...?

- Expected
- Not expected, but encouraged
- Neither encouraged nor discouraged
- Discouraged
- Not applicable
- Don't know / Not sure

Do you ever perform work outside of your scheduled working hours?

- Yes
- No

Respondents who selected 'Yes' to the above question were asked the following questions:

Do you feel that it is necessary to work outside of scheduled work hours in order to meet the expectations of your employer?

- Yes often
- Yes sometimes
- Yes rarely
- No
- Don't know/Not sure

Why do you complete work outside of your scheduled working hours?

Response options were presented in random order.

- Too much work
- Staff shortage for example due to illness, parental leave
- Managers and supervisors expect work outside of hours
- Work across time zones
- For career progression
- Keeping up with co-workers
- Feel insecure in job
- Less interruptions working outside of hours
- Other [text box]
- I don't complete any work outside scheduled hours

Respondents who selected any of the above responses other than "I don't complete any work outside scheduled hours" were then asked the following question:

What negative consequences do you experience due to working outside of your scheduled hours, if any?

Response options were presented in random order.

- Disrupted sleep
- Mentally drained
- Physically tired
- Stress or anxiety
- Disrupted or unfulfilling non-work time
- Needing to be close to technology
- Reduced motivation to work
- Interference with personal life/relationships
- Poor job satisfaction
- Other problems [text box]
- I do not experience negative consequences

All respondents were asked the following question:

How important are the following to you?

Very important Somewhat important Not important Don't know/Not sure

- Leaving work on time
- Not being interrupted by work while on leave (for example annual leave)
- Not being interrupted by work after hours or on weekends
- Being able to mentally leave work behind at the end of the day
- Not needing to check work correspondence
- Achieving a good balance between paid work and family/community/leisure goals